

HE HUATAU MŌ NGĀ KĀINGA HAUORA

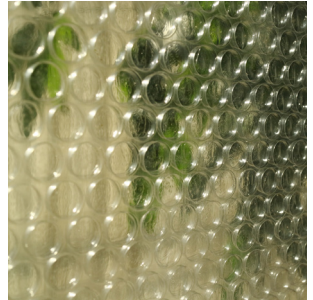
KIA MAHANA, KIA MAROKE HOKI TŌ KĀINGA



Whakamahanahia tō whare ki te 20°C, ā, me whakamahana anake i ngā rūma e whakamahia ana e koe.



Whakatuwheratia ngā ārai i te ata, ka kati i mua i te torengitanga o te rā.



DIY karāhe tōruatia ō matapihi mā te whakamahi i te takai mirumiru, i ngā tīpae tōrua rānei.



Huakina ngā matapihi katoa mō te 15 meneti i ia rā (i te hōtoke tonu) i mua i te katinga anō.



Whakamahia ngā momihau ki te kīhini me te rūma horoi.



Whakamarokehia ngā kākahu i waho i ngā wā katoa e taea ai.

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KIA ITI TONU Ō PIRE WAI ME TE HIKO



Kia poto te wā hīrere –
kia whā meneti te roa.



Whakamahia he pane
hīrere rerenga iti, he ārai
rere rānei.



Whakawhiti ki ngā
pūrama LED.



Kōwhiria te wai mātao i
te wā e horoi ana koe i
ngā kākahu.



Whakawetohia ngā
taputapu i te wā kāore e
whakamahia ana.



Whakatauritehia ngā
mahere hiko kia kitea ai
te mahere tika māu.

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